



### **WMCHealth**

# Cardiovascular Symposium 2019

## for Nurses & Allied **Health Professionals**

Friday February 1, 2019 7:30 a.m. – 5:15 p.m.

**Crowne Plaza Hotel, White Plains, NY** 

#### **Course Directors:**

Gabbie Fried, RN Vice President, Cardiovascular Services Westchester Medical Center

Aileen M. Ferrick, RN, PhD, ACNP-C, FHRS Coordinator of Cardiac Electrophysiology Program Westchester Medical Center

#### **Course Description**

This WMCHealth Cardiovascular Symposium for Nurses and Allied Healthcare Professionals will offer a comprehensive update on conditions related to cardiovascular disease, including the neuro-cardiovascular relationship, hemodynamics and imaging, cardiovascular pharmacology (pharm credits) and cardiovascular surgical procedures.

This course will include a review of techniques for cardiac monitoring to prevent stroke; minimally invasive procedures performed in the lab to minimize risk and treat thromboembolic stroke; hemodynamics of the heart and how they correspond to imaging; pharmacology to manage infections related to advanced cardiac therapies; and the latest diabetes drugs and choices with antiarrhythmic medications. There will be an overview on treating acute pulmonary emboli and treating aortic aneurysms with both surgical and catheter-based interventions. Lunch-and-learn sessions, new this year, will address topics such as: Why biopsy cardiac transplant patients? Management of left ventricular assist devices in the outpatient arena. Anticoagulation in the acute-care setting.

Attendees will broaden their understanding of cardiovascular-disease processes, patient evaluation and treatment using traditional and newer, advanced technological therapies. The faculty consists of leading experts including physicians, nurses, surgeons, pharmacists, nurse practitioners and physician assistants in the field of cardiovascular care. Didactic presentations will be followed by challenging case reviews with audience participation.

Healthcare professionals can update their knowledge of caring for patients with cardiovascular disease, arrhythmias, cardiomyopathy and advanced therapies, diabetes and pulmonary emboli.

#### **Target Audience**

Health care providers including NPs, PAs, nurses, CV techs and other health care professionals interested in learning more about cardiovascular disease management.

## WMCHealth Cardiovascular Symposium 20

for Nurses and Allied Health Professionals

#### **Course Directors**

#### **Gabrielle Fried, RN**

Vice-President Cardiovascular Nursing Westchester Medical Center

#### Aileen Ferrick, PhD, ACNP-c, RN, FHRS

Cardiac EP Program Coordinator Westchester Medical Center

#### **Speakers**

#### Kristen Bova Campbell, PharmD

Clinical Pharmacist Duke University Hospital, Pharmacy

#### Kathy Brown, MSN, CCRN, ANP-BC

Advanced Heart Failure Nurse Practitioner Good Samaritan Hospital

#### Deborah Chyun, PhD, RN, FAHA, FAAN

Professor and Dean

University of Connecticut School of Nursing Storrs, CT

#### Abhay Dhand, MD

Director, Transplantation Infectious
Diseases Program, Westchester Medical Center

#### **Anton Fuisz, MD**

Director of Advanced Cardiac Imaging
Westchester Medical Center; Assistant Professor of
Medicine, New York Medical College

#### Alan Gass. MD

Director, Heart Transplant and Mechanical Circulatory Support, Westchester Medical Center Professor of Medicine. New York Medical College

#### Donna M. Gibbons RN MS CPT CDE

Diabetes Program Manager Nursing Professional Development Westchester Medical Center

#### Sei Iwai, MD

Director, Cardiac Electrophysiology Service, Westchester Medical Center Professor of Clinical Medicine New York Medical College

#### Igor Laskowski, MD. PhD. FACS, RVI, RPVI

Chief, Endovascular Surgery, Westchester Medical Center; Associate Professor of Surgery New York Medical College

#### Avi Levine, MD

Attending, Advanced Heart Failure and Cardiac Transplantation, Westchester Medical Center Assistant Professor of Medicine New York Medical College

#### Ramin Malekan, MD

Associate Chief, Cardiothoracic Surgery, Westchester Medical Center Assistant Porfessor of Surgery New York Medical College

#### Lynn Mayer RN, MSN, ANP-BC, CHFN

Nurse Practitioner Cardiac Services Good Samaritan Hospital

#### Carmela Musial, PA

Westchester Heart & Vascular Heart Failure/LVAD Coordinator

#### Srihari Naidu, MD

Director, Cardiac Catheterization Lab Director, Hypertrophic Cardiomyopathy Program Westchester Medical Center Associate Professor of Medicine New York Medical College

#### Justin Santarelli, MD

Attending Physician, Assistant Professor of Neurosurgery, Neurology and Radiology, Neuroendovascular Program, New York Medical College

#### Nyree Sencion-Akhtar, FNP-BC

Cardiac EP Nurse Practitioner Westchester Heart and Vascular

#### Daniel Spevak, MD

Director Valvular Heart Disease Program Westchester Medical Center Professor of Clinical Medicine New York Medical College

#### David Spielvogel, MD

Chief, Cardiothoracic Surgery Director, Heart Transplant Westchester Medical Center Professor of Surgery, New York Medical College

#### Michelle Viglione, PA-C

Cardiothoracic Surgery Westchester Medical Center

Agenda	Friday February 1, 2019
7:50 - 8:00 a.m.	Introductions
8:00 - 8:25 a.m.	Diabetes and Heart Disease / Deborah Chyun
TOPIC 1	The Neuro-Cardiovascular Relationship
8:10 - 8:30 a.m.	The Role of Remote Cardiac Monitoring for Early Diagnosis of AFib to Prevent Stroke / Aileen Ferrick
8:50 - 9:15 a.m.	LAAO Device: The Watchman: An Alternative to OAC for Preventing Stroke with AFib / Sei Iwai
9:15 - 9:40 a.m.	PFO Closure Devices: Who is a Good Candidate and Why? / Srihari Naidu
9:40 - 10:05 a.m.	Neuroendovascular Treatment of Stroke / Justin Santarelli
10:05 - 10:30 a.m.	Case Presentation* ARS / Nyree Sencion-Ahktar
10:30 - 10:45 a.m.	Break
TOPIC 2	Hemodynamics and Imaging
10:45 - 11:10 a.m.	Evaluation of the Heart Failure Patient: Physical Exam to Invasive Monitoring / Alan Gass
11:10 - 11:35 a.m.	Cardiac Imaging: CT, PET and MRI for Managing CVD / Anton Fuisz
11:35 - 12:00 p.m.	Echocardiography: Understanding Images and Hemodynamics / Daniel Spevack
12:00-1:00 p.m.	Box Lunches** (Lunch and Learn: Revolving 15 Minute Lectures)
1.	Biopsies and Cardiac Transplant Patients: What Are You Looking for? / Avi Levine
2.	Anticoagulation: Acute Therapy in the Critical Care Unit / Lynn Mayer
3.	LVADs: Outpatient Management to Minimize Risk of Complications / Carmela Musial
TOPIC 3	Relevant Pharmacology (Pharm credits 1.75?)
1:00 - 1:25 p.m.	ID consult: Risk, Prevention and Management of Infections Post Cardiac Transplant and Circulatory Assist Device Placement / Abhay Dhand
1:25 - 1:50 p.m.	Diabetes: State of the Art Management of DM Type 1 and 2? / Donna Gibbons
1:50 - 2:15 p.m.	Atrial vs Ventricular Arrhythmias: Which AAD is Better for What Type of Arrhythmia? / Kristen Bova Campbell
2:15 - 2:50 p.m.	Cardiac Transplant: The Fear of Being Rejected / Kathy Brown
2:50 - 3:05 p.m.	Break
TOPIC 4:	Cardiovascular Interventions
3:05 - 3:30 p.m.	Management of Acute Pulmonary Emboli / Ramin Malekan
3:30 - 3:55 p.m.	Aortic Aneurysms: What Factors Lead to Surgical Intervention? / David Spielvogel
3:55 - 4:20 p.m.	EVAR and TEVAR: What factors allow for a minimally invasive intervention? / Igor Laskowski
4:20 - 4:45 p.m.	Case Presentation* ARS / Michelle Viglione
4:45 - 5:15 p.m.	Reception

<sup>•</sup> Each topic 20 minute + 5 minutes for Q&A

<sup>•</sup> Case presentations to be coordinated to the topic of the talks for each section and have specific questions for each panelist and also allows to the audience to participate with ARS

<sup>•</sup> Lunch and Learn- 3 topics available every 20 minutes during the lunch hour.

Participants may attend any or all. They can pick up a boxed lunch and eat in the designated room. At 20 minute intervals, rotate to new session. Need to sign up in advance when registering for program

#### Venue Information

Crowne Plaza Hotel 66 Hale Avenue, White Plains, NY 10601 914-682-0050

#### **Registration Information**

Early bird pricing, register by 1/26/19

Nursing and Allied Healthcare Professionals (Receiving Credit)

\$125

Medical/Nursing Students (No Credit)

\$75

#### **Online Registration**

Please visit our website at www.westchestermedicalcenter.com/CME for registration and payment.

#### **Online Registration Deadline**

Register online by January 26, 2018; Walk-in registration will be available the day of conference. Early registration discount available.

#### Information

For information or questions please contact WMC Conferences at conferences@wmchealth.org or 914.493.5756

#### **Cancellation Policy**

Full refunds are available prior to January 22, 2018. After this date you may send an alternate to the event without additional charge. To request a cancellation or to make a change to the registration record, please send an email to conferences@wmchealth.org or call 914.493.5756

#### Credit Information

8.25 CME credits applied for/CNE credits will be offered.

#### **CME Accreditation Statement**

New York Medical College is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

New York Medical College designates this Live activity for a maximum of 8.25 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **CNE Accreditation Statement**

This activity has been submitted to the Emergency Nurses Association for approval to award contact hours. The Emergency Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.







Westchester Medical Center 100 Woods Road Valhalla, NY 10595

First Class Presort US POSTAGE PAID White Plains, NY Permit No. 9523

## WMCHealth Cardiovascular Symposium 2019

for Nurses and Allied Health Professionals

Friday February 1, 2019 7:30 a.m. – 5:15 p.m. Crowne Plaza Hotel, White Plains, NY

Register online by January 26, 2019
Walk-in registration will be available the day of conference.
www.westchestermedicalcenter.com/cme
for registration and payment.
Early registration discount available.

8.25 CME credits applied for/CNE credits will be offered