



A Note From Michael Doyle, MD

Margaretville Hospital continues to receive benefits from their membership with Westchester Medical Center Health Network through technology, workforce

Michael Doyle, MD

support and financial strength. Enjoy reading about our updates here and if you would like to receive the newsletter via email or have a question that may be answered in a future issue, please write to MargaretvilleHospital@hahv.org. Have a wonderful Thanksgiving and holiday season!

Welcome Edward McNamara

Ed McNamara is the Executive Director of Margaretville Hospital and Mountainside Residential Care Center. McNamara is a native upstate New Yorker and holds two degrees from University at Albany. McNamara's healthcare career has included multi-specialty private practice, state health care policy, and most recently administering a federally qualified health center in Albany. When not at the office, McNamara relishes spending time on his sailboat "Stardust" with his wife, Nicole, and two daughters, Charlotte (7) and Emma (4). If you would like to send Ed a welcome note, his email is edward.mcnamara@wmchealth.org and if you see Ed around town, please say hello!

Margaretville Hospital Foundation Board

Recently, Margaretville Hospital Foundation board member, Rob Andersen and his wife Jan, with the support of Foundation chair, Mike Moriarty and his daughter Teagan, hosted a small reception at the Andersen's home for approximately 20 community members to meet and mingle with Dr. Michael Doyle and Ed McNamara. Nick Shannon, Regional Gift Officer, and Michelle Conrad,

Assistant Director of Development for the Margaretville Hospital Foundation were also present to build important relationships with the community.

The Margaretville Hospital Foundation Board

Officers:

- Michael Moriarty – Chair
- Robert Andersen – Vice Chair
- John Kelly – Treasurer/Secretary

Board Members:

- Cynthia Ruth Clark
- Kent Garrett
- Arnie Schwartz
- Sue Sluiter

Margaretville Hospital Foundation Staff:

- Nicholas Shannon – Regional Gift Officer
(Nicholas.shannon@wmchealth.org)
- Michelle Conrad – Assistant Director of Development
(michelle.conrad@wmchealth.org)
- Mary Jo Cipollini – Database Administrator

Community Paramedicine

WMCHealth and Margaretville Hospital are excited to announce the creation of a new community paramedicine program based at Margaretville Hospital.

Community paramedicine is a relatively new field with local programs emerging as a response to the health care crisis. The Community Paramedicine model increases access to basic health care services through the use of specially trained Emergency Medical Service (EMS) personnel in an expanded role. These so-called Community Paramedics provide enhanced care with the assistance of physicians.

The goals of the Community Paramedic Program are twofold: to improve health outcomes among medically vulnerable populations; and to save healthcare dollars by preventing unnecessary ambulance transports, emergency

department visits, and hospital readmissions.

Paramedics will now be able to provide more services to the communities they serve. Telemedicine technology would provide a medical caregiver (on-site and "virtual") with advanced diagnostics which facilitates a remote virtual medical consultation rather than transport to a hospital emergency department. Patients could avoid inpatient hospitalizations, and receive treatment at a lower cost. Telehealth communications would be incorporated through a program that would include emergency medicine providers, certified emergency medical technicians, 911 dispatch, and patients for the purpose of triaging a patient's level of severity and appropriate next steps of care when an acute medical problem arises. This can include assessment, diagnosis, referral, and treatment.

Paramedics will also be able to assist in providing vaccinations to community members. In conjunction with WMCHealth, EMS workers will be able to administer vaccines to those that are homebound or without transportation.

Interested in becoming a part of the team? Margaretville is hiring! Check out job postings at:

[Margaretville Hospital - WMC Health \(wmchealthjobs.org\)](https://wmchealthjobs.org)

<https://wmchealthjobs.org/stores/margaretville-hospital/>

Want to help out your local community? Margaretville Hospital offers EMT and AEMT trainings, as well as scholarships for students studying paramedicine. To learn more, contact Adam Billingslea at adam.billingslea@hahv.org



Margaretville Hospital Opioid Overdose Prevention Program Surpasses Significant Milestone; 100 Potentially Fatal Overdoses Reversed in One Year

Hospital and Community Partners Lead Catskills Awareness & Education Effort, Train Almost 1,000 Community Members in Lifesaving Techniques

One hundred potentially fatal opioid overdoses were reversed in the past year because of a Delaware County substance use disorder treatment and education program led by Margaretville Hospital, a member of the Westchester Medical Center Health Network (WMCHHealth). The overdose reversals were possible due to the public availability and usage awareness of Narcan, a medication used in the emergency treatment of an opioid overdose.

The Margaretville Hospital addiction services program expands local access to substance use prevention and treatment resources. As part of the program and for the community's convenient, cost-free access to Narcan during an overdose emergency, Margaretville Hospital certified recovery peer advocates initiated the installation of outdoor boxes for Narcan kit storage outside of the west side entrance to the hospital, as well as in front of the Huggins Building, where Margaretville Hospital's addiction services are found.

The simple, easy-to-use Narcan nasal spray will reverse an opioid overdose within minutes and can be used by anyone without fear of harming the recipient.

The free, lifesaving Narcan kits are also available through WMCHHealth substance use disorder-programs across the Hudson Valley.

Additionally, certified recovery peer advocates from Margaretville Hospital and its community partners Samadhi Recovery Community Outreach Center, the Alcohol and Drug Abuse Council of Delaware County Delaware Opportunities, Project Safe Point, Mountaintop Cares Coalition, the Catskills Addiction Coalition, Ellenville Regional Hospital and the Catskills Hudson Area Health Education Center regularly attend community events, at which the peer specialists have trained approximately 1,000 community members in Narcan use since the program's inception. The combination of the Narcan use training and the public availability of the Narcan therapy are the reasons behind the overdose reversals and subsequent lives saved, according to the Margaretville Hospital program representatives.

Loosening Substance Use Disorder's Grip on Rural Communities

Data released by the [Centers for Disease Control and Prevention](#) shows the rate of drug overdose deaths involving natural and semisynthetic opioids (e.g., oxycodone, hydrocodone, morphine, and codeine) was higher in rural locations like Delaware County.

"Programs like this save lives. Opioid use is a public health crisis that disproportionately affects rural communities and while our primary goal will always be education and prevention, this program's partners endow community members with a proven overdose therapy along with training in how to use it properly to help ensure a good outcome," said Linda Woodbine, PhD, LMHC, CASAC-2 Director, Addiction Services, WMCHHealth.

Federal Support Key to Program Success

Margaretville Hospital's program was made possible by a three-year, \$1 million federal grant from the Health Resources and Services Administration's Rural Communities Opioid Response Program, which serves to strengthen and expand substance use disorder prevention, treatment, and recovery services in rural areas.

Access and Training Available

Community members seeking Narcan training and Narcan kits for at-home use in emergencies should call Margaretville Hospital at 845.586.2631. Narcan kits are always available 24/7 in weatherproof boxes at the main entrance of the Margaretville Hospital.

ATTENTION - PHARMACY HOURS CHANGE

The Retail Pharmacy at Margaretville Hospital will be **closed on November 11,12,19 and 20**. Please visit [margaretvillehosp.org](#) for the most up-to-date information.

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